



## «Growing recommendations in 11-20L Pots»

### Growth stage:

- > Use a substrate with 10-20% of Insect Frass/Worm Humus, depends on the needs of the variety.
- > Add 10 g/l of substrate (including Insect Frass/Humus) of Earth Vibes Supersoil.
- > Distribute the content of the Earth Vibes test tube in the transplant holes, or mix it with the first irrigation.
- > Water with compost tea with Green Sunrise 7 days after transplanting, and then every 7-10 days.

### Flowering stage:

- > Add 4 g/l substrate of Tasty Flowers Topdress. Mix with the surface layer of the substrate.
- > A second application of up to 2 gr/l of Tasty Flowers Topdress substrate can be made, in the 3<sup>rd</sup> or 4<sup>th</sup> week. Depending on the needs of each case (variety, pot size,...).
- > Water with compost tea with Healthy Harvest and molasses every 7-10 days.

### Substrate reuse:

- > Remove the largest remains from the roots. Check for compaction in the the substrate. In case of compaction it is advisable to add some coco peat, perlite or new substrate.
- > Follow the same indications as in the first crop, reducing by 10-30% the doses of Insect Frass/Humus, Earth Vibes and Tasty Flowers. It depends on the size of pot, variety, cycle, etc ... For pots of less than 20 l it is usually better to do this emptying several pots at the same time.
- > Avoid reusing the substrate if there have been soil fungi, or serious pests.